



# Grasp and Release 3CH

Category: NMES/FES – motion triggered with threshold

Supports grasp and release by the stimulation of the upper limb muscles. The stimulation is triggered by lifting the upper arm on which the stimulator is placed.

Indication: Paralysis or muscle weakness of the upper limbs, e.g., after SCI, MS or stroke

**Stimulation pattern:** Sequential activation

**Stimulation cable:** 5-channel

Active channels: Channel 1, Channel 2, Channel 3

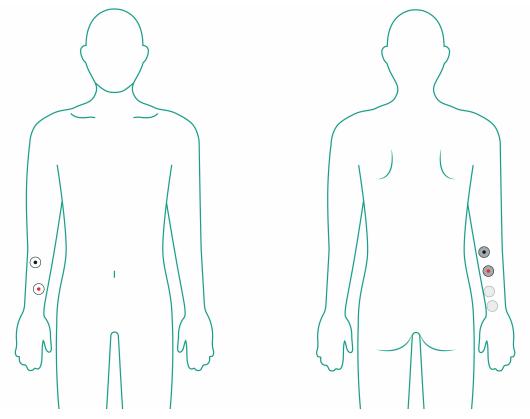
Solo mode: Yes

## Placement of electrodes and stimulator

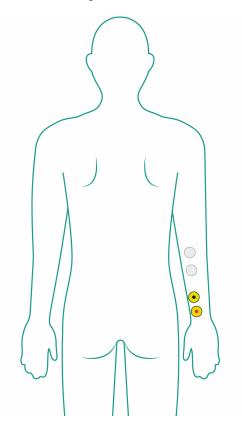
| Channel | Function                    | Electrode type |  |
|---------|-----------------------------|----------------|--|
| 1       | finger- and wrist extensors | bipolar, round |  |
|         |                             | 1.25" (3.2cm)  |  |
| 2       | finger flexors              | bipolar, round |  |
|         |                             | 1.25" (3.2cm)  |  |
| 3       | thumb flexor                | bipolar, round |  |
|         |                             | 1.25" (3.2cm)  |  |







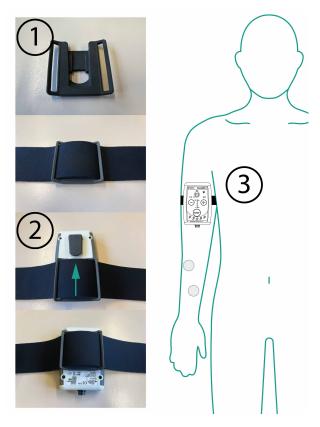
 $\textbf{Electrode placement:} \ \text{channel} \ 1 - \text{finger-} \ \text{and wrist extensors} \ \text{and channel} \ 2 - \text{finger flexors}$ 



**Electrode placement:** channel 3 — thumb flexor







Stimulator placement





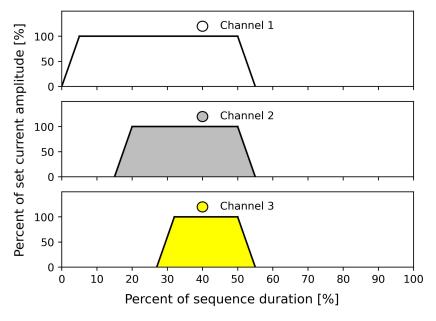
# Current settings for stimulation stages

## **Training:**

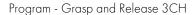
| Threshold                  | 50°                             |  |  |
|----------------------------|---------------------------------|--|--|
|                            |                                 |  |  |
| Sequence mode <sup>1</sup> | motion triggered with threshold |  |  |
| Sequence duration          | 00:22:000 (min:sec:msec)        |  |  |
| Total duration             | 20:00:000 (min:sec:msec)        |  |  |

Movement direction raising

| Channel | Maximal  | Maximal     | Frequency | Pulse          | Pulse             |
|---------|----------|-------------|-----------|----------------|-------------------|
|         | current  | pulse width |           | form           | mode <sup>2</sup> |
| 1       | 100.0 mA | 200 μs      | 33.3 Hz   | biphasic       | sequential        |
|         |          |             |           | (100 µs pause) |                   |
| 2       | 100.0 mA | 200 μs      | 33.3 Hz   | biphasic       | sequential        |
|         |          |             |           | (100 µs pause) |                   |
| 3       | 100.0 mA | 200 μs      | 33.3 Hz   | biphasic       | sequential        |
|         |          |             |           | (100 µs pause) |                   |



Activation of the stimulation channels for training







#### <sup>1</sup>Sequence modes

Automatic repetition: The stimulation sequence will be automatically repeated until the total duration of the stage is reached.

Motion triggered cyclic: The stimulator is placed on a limb and the cycle percentage will be estimated during cyclic movements like leg cycling or arm cranking.

The Stimulation is controlled as a function of the current cycle percentage and can be activated in up to three phases per active channel.

Motion triggered with threshold: The stimulation sequence will be triggered by an change in the inclination angle of a body segment on which the stimulator is placed. The

angle and direction of change (increasing or decreasing) must be defined.

Manually triggered: The stimulation sequence will be manually triggered by the therapist or patient using the Stim2Go app.

#### <sup>2</sup>Pulse modes

Sequential: The stimulation is activated in up to three phases within a sequence duration or motion cycle.

Always on: For a current amplitude larger than zero, the stimulation of a channel is permanently on over the entire sequence duration.

