



## **Assisted Cycling 2CH**

Category: NMES/FES – motion triggered cyclic

Supports cycling by the stimulation of the lower limb muscles. The cycling motion is detected by placing the stimulator on the right thigh.

**Indication:** Paralysis or muscle weakness of the lower limbs, e.g., after SCI, MS or stroke

**Stimulation pattern:** sequential activation

**Stimulation cable:** 2-channel

Active channels: Channel 1, Channel 2

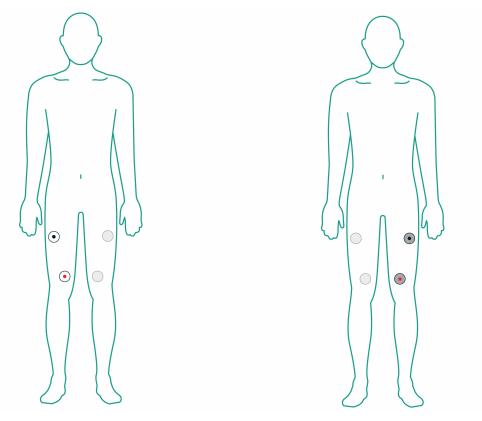
Solo mode: Yes

### Placement of electrodes and stimulator

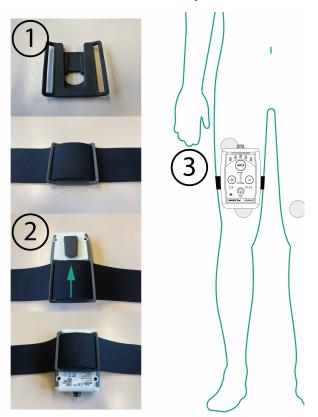
Channel	Function	Electrode type	
]	knee extensor right	bipolar, rectangle 2" x 3.5" (5cm x 9cm)	
2	knee extensor left	bipolar, rectangle 2" x 3.5" (5cm x 9cm)	







**Electrode placement:** channel 1- knee extensor right and channel 2- knee extensor left



Stimulator placement

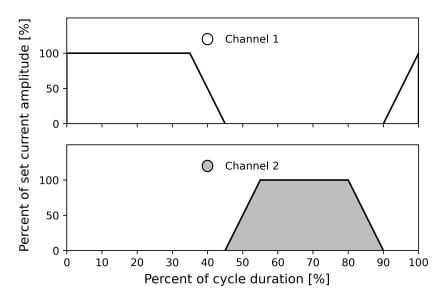




# **Current settings for stimulation stages**

### **Training:**

Total duration Sequence duration Sequence mode <sup>1</sup>		30:00:000 (min:sec:msec)			
		N/A motion triggered cyclic			
Channel	Maximal	Maximal	Frequency	Pulse	Pulse
	current	pulse width		form	mode <sup>2</sup>
1	100.0 mA	500 µs	33.3 Hz	biphasic	sequential
				(100 µs pause)	
2	100.0 mA	500 µs	33.3 Hz	biphasic	sequential
				(100 µs pause)	



Activation of the stimulation channels for training





#### <sup>1</sup>Sequence modes

Automatic repetition: The stimulation sequence will be automatically repeated until the total duration of the stage is reached.

Motion triggered cyclic: The stimulator is placed on a limb and the cycle percentage will be estimated during cyclic movements like leg cycling or arm cranking.

The Stimulation is controlled as a function of the current cycle percentage and can be activated in up to three phases per active channel.

Motion triggered with threshold: The stimulation sequence will be triggered by an change in the inclination angle of a body segment on which the stimulator is placed. The

angle and direction of change (increasing or decreasing) must be defined.

Manually triggered: The stimulation sequence will be manually triggered by the therapist or patient using the Stim2Go app.

#### <sup>2</sup>Pulse modes

Sequential: The stimulation is activated in up to three phases within a sequence duration or motion cycle.

Always on: For a current amplitude larger than zero, the stimulation of a channel is permanently on over the entire sequence duration.

